

Hannah Eagle, DHom, PDHom, is a Homeopathic Practitioner, and co-founder of Green Psychology.



My own paradigm of medicine mirrors other cultures where people see their physician periodically in order to stay healthy – not just when they get ill. My primary focus in my practice is constitutional prescribing.

With preventative Homeopathic medicine, you can feel & look younger, healthier, and there will inevitably be less incidence of chronic disease. It will also help bring you back to the health you once enjoyed.

I will encourage you to do your part: with a healthy diet, drinking enough fluid, getting exercise and rest, and urge you to find work or interests that you are passionate about. Homeopathy helps people commit to their health and reconnects them with their creativity and their passion for life.

CLASSICAL
HOMEOPATHY

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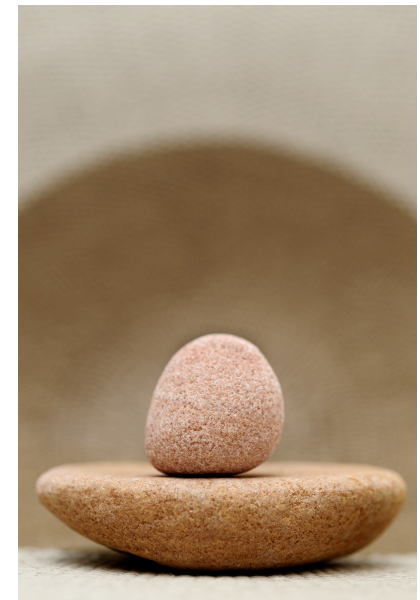
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Want a Health Practitioner Who Listens?

Homeopaths are health practitioners who want to hear all the details. This helps them find a remedy that will bring about a cure. Homeopathic constitutional treatment is based on a deep understanding of the person as a unique whole. Everything about you...physical, emotional, mental and spiritual... is related and important.

Want to Stay Youthful and Vital?

With constitutional Homeopathic treatment, proper diet and exercise, you can remain youthful and vital, avoid chronic disease, and live to a ripe and energetic old age.

Homeopathy boosts your immune system so you will stay healthy. It will cure most emotional and physical issues without the side effects of conventional medicine, and commonly cures what are thought to be incurable cases.

Homeopathy is a systematic, scientific method which stimulates the body's own innate ability to heal itself. It is a natural, preventative medicine and a gentle process of cure.

What Is Constitutional Homeopathy?

Constitutional homeopathy is a system based upon a deep understanding of the patient's basic energetic state. Symptoms will fall away when this state is understood and corrected with a constitutional remedy.

A constitutional Homeopathic remedy treats your whole constitution. This remedy is fundamentally important to the health of an individual for his or her entire lifetime.

Unlike the low potency acute remedies you find in your health food store that are suggested for acute ailments like "sore throat" or "indigestion", (and often miss the mark because they are not specific enough) a constitutional remedy is professionally chosen to cover your entire mental, emotional, and physical health.

How Do We Find Your Precise Remedy?

A constitutional Homeopathic intake will reveal a remedy that most closely matches your unique nature and constitution. During the intake, a pattern will be discovered, the pattern that drives your emotions, dreams, ambitions, relationships, work attitude, and illnesses.

This pattern will match the pattern of energy of something in nature, in one of three kingdoms: a plant, a mineral, or an animal. And these are what homeopathic remedies are made of.

There are nearly 4000 of these all natural FDA regulated, remedies. There are remedies that even come from gasses, like hydrogen, radium, even ozone and from precious stones. There are remedies from bird feathers and insects and various milks from mammals.

Each remedy, in varying potencies, brings about a gentle cure by stimulating your immune system. When a correct remedy is received it wakes up the patient's vital force and brings him or her back to balance on all levels...physical, mental, and emotional. This is one of the few healing modalities that is truly holistic...treating the whole person.

What Can We Treat With Homeopathy?

Mental/Emotional Issues: Addictions, Anger, Anxiety, Bi-Polar disorders, ADD, ADHD, Autism, Children's Behavioral disorders, Confusion, Depression, Despair, Grief, Irritability, Lost Creativity, Menopause, Mood Swings, Phobias, Schizophrenia, Stuck States, etc.

Chronic Physical Conditions: Allergies, Arthritis, Autoimmune disease, Cancer, Chronic Fatigue, Exhaustion, Fibromyalgia, Headaches, Herpes, Hives, PMS, Restlessness, Rheumatism, Sleep problems, Skin Rashes, Weight Loss, etc.

Acute conditions: colds, flus, infections, injuries, preparation for and recovery from surgery.

What You Can Expect

When a patient comes in, the homeopath must match, as closely as possible, the patient's history and current symptoms to a remedy. The initial intake will take approximately 2 hours.

Over time a patient will be taking repeated doses, often progressively stronger, on their way to cure. Cure means bringing you back to balance, eliminating symptoms, becoming less susceptible to illness, and feeling whole again.

Cure can take time, depending upon your condition; however, you can expect quick improvement in energy, sleep, mood, and a sense of overall wellbeing.

Patients will be seen once a month for about 3 months in order to track and ensure progress. Once we are certain about the remedy and can see a pattern as to how often you need to re-dose, we can schedule your visits further out.

Once cure has happened, you may need, periodically, to re-dose because we age, experience stress, and live in a fairly toxic world. But then, having a healthy constitution will help prevent colds, flus, infections and the typical chronic disease that so commonly accompanies aging.

Homeopathy Is Affordable Healthcare

I have been practicing Homeopathy for more than 10 years now, after completing two 4 year courses of study. I turned 63 this year, 2011, and enjoy exceptional health and vitality due to the combination of Homeopathy, proper diet, and exercise. Call me if you have any questions about how Homeopathy might be of benefit to you specifically. 505-986-3922 ext:21

Constitutional prescribing is a challenging discipline for which professional Homeopaths train and study many years.

